

Record Holders ~ Medal Events

Badminton

EVENT	AGE	NAME	TOWN	YEAR	AWARD
Men's Singles:	50 - 54	Miller, Douglas	Bay Shore	09	Gold
		Calderone, Steve	Huntington Station	02, 03, 05	Gold
	55 - 59	Hinshaw, John	Levittown	11	Gold
	60 - 64	Hayes, John	Northport	09	Gold
		Dorn, Kirk	East Northport	06, 07, 08	Gold
	65 - 69	Williams, Jr., Thomas	Levittown	12	Gold
	75 - 79	Galan, Ben	Deer Park	10	Gold
Women's Singles:	50 - 54	Holthusen, Eileen	Huntington Station	05, 06, 08	Gold
		Holthusen, Janine	Huntington Station	11	Gold
	60 - 64	Williams, Theresa	Levittown	11	Gold
		Tucker, Barbara	Far Rockaway	12	Gold
	65 - 69	DeRose, Tami	Bay Shore	08, 09	Gold
		Maffetore, Madeline	Mineola	05, 06, 07	Gold
		Maffetore, Madeline	Mineola	11	Gold
		DeRose, Tami	Bay Shore	10	Gold
	75 - 79	Gioia, Rosalia	Albertson	10	Gold
	Men's Doubles:	50 - 54	Adams, Jay	Stony Brook	06
Dorn, Kirk			East Northport		
55 - 59		Greene, Tom	West Islip	02, 03	Gold
		Kothe, Lou	Islip		
60 - 64		Cameron, Douglas	West Islip	04, 06	Gold
		Kothe, Lou	Islip		
Women's Doubles:	50 - 54	Glazer, Roger	Farmingdale	11	Gold
		Steinitz, Jeffery	North Bellmore		
		Holthusen, Janine	Huntington Station	06	Gold
	55 - 59	Maffetore, Madeline	Mineola		
		Langford, Debra	North Merrick	05	Gold
		Richko, Barbara	Seaford		
		Klammer, Patricia	North Merrick	04	Gold
	60 - 64	Langford, Debra	North Merrick		
		Henderson, Janis	Mt. Sinai	08	Gold
		Ortlepp, Patricia	Orchard Park		
	70 - 74	Maffetore, Madeline	Mineola	07	Gold
		Manus, Patricia	Lynbrook		
		DeRose, Tami	Bay Shore	08, 12	Gold
Maffetore, Madeline		Mineola			
Mixed Doubles:	50 - 54	Anjelly, Mona	West Islip	03, 04	Gold
		Kothe, Lou	Islip		
	55 - 59	Hinshaw, John	Levittown	11	Gold
		Maffetore, Madeline	Mineola		
	60 - 64	Williams, Theresa	Levittown	11	Gold
		Williams, Jr., Thomas	Levittown		
	65 - 69	Maffetore, Madeline	Mineola	12	Gold
		Williams, Jr., Thomas	Levittown		
75 - 79	Bruno Jr., Louis	Commack			
	Galen, Ben	Deer Park	09	Gold	
	Sullivan, Georgiana	Deer Park			

BASKETBALL 3 + 3

Men:	50 - 59	Edison Players Club	08	Gold
		Swishers	03, 04, 05	Gold
	60 - 69	Mineola Cougars	08	Gold
		Sachem Seniors	03, 04, 05	Gold
	60 - 64	Northport Men's Club	01, 02	Gold
	65 - 69	Statesmen	01, 02	Gold
	70 - 79	Sachem Seniors	07, 08	Gold
Women:	60 - 69	Queen of Queens	08	Gold

BILLIARDS

Men:	50 - 54	Rolfe, George	Smithtown	06	Gold
	60 - 64	Jones, Raymond	East Northport	12	5
		Lachere, Philip	Shirley	07	5
	65 - 69	Cilmi, Thomas	Bethpage	05, 06, 08	15
	70 - 74	Glaz, John	Farmingdale	12	5
		Glaz, John	Farmingdale	09, 10	5
	75 - 79	Winkler, Peter	North Massapequa	08	10
	80 - 84	Winkler, Peter	North Massapequa	09	5
	85 - 89	Choy, Jimmy	Brooklyn	05, 06, 07	Gold
	Women:	55 - 59	Eisen, Emily	Northport	08, 09
60 - 64		Prezioso, Ann	Oakdale	12	5
		Arnott, Jane	Bay Shore	08, 09, 10, 11	5
65 - 69		Leifer, Claire	Dix Hills	09, 10	5
70 - 74		Steindecker, Julia	Middle Island	03, 05, 06	Gold
75 - 79		Steindecker, Julia	Middle Island	07, 09, 10, 11	5
80 - 84		Steindecker, Julia	Middle Island	12	5

BOCCE

Men:	50 - 54	Wong, John	East Setauket	02	10
	55 - 59	Ginipro, Andy	Smithtown	02	13
	60 - 64	Bruno Jr., Louis	Commack	04	24
	65 - 69	Sconzo, Ed	Bay Shore	04	24
	70 - 74	Murphy, Arthur	Bay Shore	04	12
		Goralski, Theodore	Farmingdale	02	12
	75 - 79	Farrell, Tom	Holbrook	10	11
	80 - 84	Choy, Jimmy	Brooklyn	04	12
	85 - 89	Walz, Louis	Massapequa	12	5
	Women:	50 - 54	Moncayo, Lisa	Bay Shore	09
55 - 59		Meindl, Patricia	Elmont	02, 04	12
60 - 64		Gifford, Luciana	Port Jefferson	04	12
		Mack, Grace	Levittown	02, 08	12
		Lee, Nell	Stony Brook	02	12
65 - 69		Pasqualone, Maria	Deer Park	04	12
		Goralski, Joan	Farmingdale	02	12
70 - 74		Budd, Betty	Bethpage	02	13
75 - 79		Gonyon, Eileen	Bethpage	02	12
80 - 84		Galow, Margaret	East Northport	02	8
85 - 89		Schaller, Caroline	Hempstead	10	6

BOWLING

Men's Singles:	50 - 54	Callier, William	Amityville	2005	678
	55 - 59	Hamilton, Bob	North Babylon	2006	688
	60 - 64	Finger, Robert	Selden	2007	732
	65 - 69	Friedman, Steven	Baldwin Harbor	2007	732
	70 - 74	O'Rourke, John	Massapequa	2007	663
	75 - 79	Cole, John	Bohemia	2011	607
	80 - 84	Roser, Warren	Bethpage	2004	575
	85 - 89	Roser, Warren	Farmingdale	2006	535
	90 - 94	Roser, Warren	Farmingdale	2011	466
	Women's Singles:	50 - 54	Genova, Kathy	Franklin Square	2007
55 - 59		Rose, Gloria	Holtsville	2005	539
60 - 64		Duer, Joan	Lindenhurst	2007	582
65 - 69		Duer, Joan	Lindenhurst	2009	600
70 - 74		Mangam, Eleanor	Islip Terrace	2011	606
75 - 79		Steindecker, Julia	Middle Island	2007	504
80 - 84		Mansfield, Margaret	Oakdale	2009	479
85 - 89		Hummel, Claire	Islip Terrace	2011	569
90 - 94		Rischan, Eunice	Wantagh	2012	430
95 - 99		Veneziano, Jean	Bethpage	2005	289

BOWLING (CONTINUED)

Men's Doubles:	50 - 54	White, Ronnie	Uniondale	2005	1287
		Spiegel, Charles	Oceanside		
	55 - 59	Centamore, Greg	Oceanside	2007	1259
		Friedman, Steven	Baldwin Harbor		
	60 - 64	Hohenstein, Frank	Beechurst	2010	1233
		Jones, Ronald	Flushing		
	65 - 69	Basso, Mario	Islip Terrace	2010	1216
		Galizio, Ben	Manorville		
	70 - 74	Hughes, Roy	Massapequa	2007	1143
	Valenti, Vincent	Bethpage			
75 - 79	Gress, Donald	North Bellmore	2008	1160	
	Hines, Edgar	Baldwin			
80 - 84	Haswell, Charles	Farmingdale	2005	1113	
	Roser, Warren	Farmingdale			
85 - 89	Styles, George	Smithtown	2006	815	
	Blind				
Women's Doubles:	50 - 54	Rose, Gloria	Holtsville	2005	1078
		Simmons-White, D.	Uniondale		
	55 - 59	Jirinec, Elke	East Islip	2010	962
		Mangam, Eleanor	Islip Terrace		
	60 - 64	Garrambone, Diana	Commack	2002	986
		Reid, Mary	West Islip		
	65 - 69	Mangam, Eleanor	Islip Terrace	2005	1020
		Werner, Pat	Lindenhurst		
	70 - 74	Abbott, Marion	East Meadow	2009	977
		Burt, Marguerite	Hicksville		
	75 - 79	Burt, Marguerite	Hicksville	2006	918
		Major, Barbara	Levittown		
	80 - 84	Kollar, Ruth	Wantagh	2009	986
		Rischan, Eunice	Wantagh		
	85 - 89	Kollar, Ruth	Wantagh	2010	862
	Rischan, Eunice	Wantagh			
90 - 94	Veneziano, Jean	Bethpage	2006	538	
	Wenchell, Veronica	Merrick			
Mixed Doubles:	50 - 54	Arena, Evelyn	West Babylon	2008	1091
		Hamilton, Bob	North Babylon		
	55 - 59	Arena, Evelyn	West Babylon	2011	961
		Arena, Frank	West Babylon		
	60 - 64	Hamilton, Bob	North Babylon	2011	1014
		Hamilton, Denise	North Babylon		
	65 - 69	Arena, Evelyn	West Babylon	2009	1010
		Hamilton, Bob	North Babylon		
	70 - 74	Cole, John	Bohemia	2012	946
		Cole, Mary	Bohemia		
75 - 79	Muschtee, Nikki	Islip	2008	1049	
	Westrich, Martin	Huntington			
80 - 84	Roser, Lillian	Farmingdale	2010	834	
	Roser, Warren	Farmingdale			
85 - 89	Hummel, Claire	Islip Terrace	2011	1094	
	Hummel, Ken	Islip Terrace			

CYCLING

5K Men:	50 - 54	Halpern, Marc	Oyster Bay	2010	7:05.0
	55 - 59	Knox, Ernest	Queens Village	2008	7:49.9
	60 - 64	Gallagher, Edward	Wading River	2009	8:14.0
	65 - 69	Lerro, Anthony	Merrick	2010	8:33.0
	70 - 74	Puma, Albert	Brooklyn	2004	9:32.0
	75 - 79	Puma, Albert	Brooklyn	2006	8:58.0
	80 - 84	Sangesland, Odd	Plainview	2010	11:04.0
	85 - 89	Gabel, Dan	Westerly, RI	2009	20:24.0

CYCLING (CONTINUED)

5K Women:	50 - 54	Rushdan, Valerie	Queens	2009	11:46.0
	55 - 59	Robinson, Janet	Queens Village	2006	9:27.0
	60 - 64	DeRosa, Marie	New York City	2011	8:39.2
	65 - 69	Truhlar, Vera	East Islip	2006	9:42.0
	70 - 74	Hollander, Dorothy	North Babylon	2006	16:12.0
10K Men:	75 - 79	Gabel, Patricia	Westerly, RI	2009	11:02.0
	50 - 54	Usack, Victor	Upton	2010	15:52.0
	55 - 59	Dittmar, Richard	Islip	2011	15:51.4
	60 - 64	Andres, Thomas	Bayside	2011	12:16.3
	65 - 69	Prince, Gary	Stratham, NH	2010	16:18.0
10K Women:	70 - 74	Puma, Albert	Brooklyn	2004	19:36.0
	75 - 79	Puma, Albert	Brooklyn	2005	19:09.0
	80 - 84	Sangesland, Odd	Plainview	2011	22:32.9
	50 - 54	Mancini, Nancy	Albertson	2009	18:19.0
	55 - 59	Mancini, Nancy	Albertson	2010	19:36.0
20K Men:	60 - 64	DeRosa, Marie	New York City	2011	17:16.4
	65 - 69	Truhlar, Vera	East Islip	2009	20:00.0
	70 - 74	Truhlar, Vera	East Islip	2011	20:12.8
	75 - 79	Gabel, Patricia	Westerly, RI	2009	21:35.0
	50 - 54	Stoeber, Greg	Farmingdale	2007	28:16.0
20K Women:	55 - 59	Colon, Eugene	Lido Beach	2011	32:04.8
	60 - 64	Blum, Gerald	Commack	2011	32:18.4
	65 - 69	Bauer, Bill	Bayville	2011	32:16.6
	70 - 74	Barone, Anthony	Dix Hills	2007	37:23.0
	75 - 79	Sloben, Hadley	Syosset	2007	40:27.0
20K Women:	50 - 54	Mancini, Nancy	Albertson	2007	34:13.0
	55 - 59	Jensen, Carol	Bay Shore	2007	1:04:34.0
	60 - 64	Robinson, Janet	Queens Village	2007	37:23.0
	65 - 69	Truhlar, Vera	East Islip	2008	37:44.9
	75 - 79	Gabel, Patricia	Westerly, RI	2009	46:39.0

FENCING

Epee - Men:	50 - 54	Lea, Nigel	Northport	2005	7 - 0
	55 - 59	Spahn, Jeffrey	Bayport	2008	8 - 0
	60 - 64	Fagan, Dennis	East Moriches	2007	5 - 1
	75 - 79	Hayne, Jack	Old Bethpage	2003	3 - 2
Epee - Women:	50 - 54	Tranquada, Lisa	Stony Brook	2005	3 - 4
	55 - 59	Peers, Eileen	West Hempstead	2003	3 - 2
Foil - Men:	50 - 54	Battifarano, Len	New York City	2007	8 - 0
	55 - 59	Cohen, Michael	Dix Hills	2005	7 - 1
	60 - 64	Fagan, Dennis	East Moriches	2005	5 - 3
	75 - 79	Hayne, Jack	Old Bethpage	2003	3 - 2
Foil - Women:	80 - 84	Pappas, Alex	Greenlawn	2003	4 - 1
	50 - 54	Tranquada, Lisa	Stony Brook	2005	5 - 3
Sabre - Men:	50 - 54	Paragano, Vincent	Bernardsville	2007	8 - 0
	55 - 59	Cohen, Michael	Dix Hills	2005	5 - 1
	60 - 64	Apostol, Paul	Wyckoff, NJ	2006	7 - 0
	75 - 79	Schlick, Calvert	Peekskill	2003, 2004	4 - 2
	80 - 84	Pappas, Alex	Greenlawn	2003, 2004	1 - 5

GOLF - 18 HOLES

Handicap Play

				G-Low Gross
				N-Low Net
Men:	50 - 54	Eichele, Ken	Beechurst	2001 75 G
		Langenthal, Steven	East Meadow	2007 68 N
	55 - 59	DeCabia, Frank	Larchmont	2001 75 G
		Kothe, John	Central Islip	2006 69 N
	60 - 64	Capowski, Thomas	Oyster Bay	2006 76 G
		Fumarelli, Robert	Yonkers	2008 62 N
	65 - 69	Wolfarth, Ed	Syosset	2008 77 G
		Mortak, Mike	Freeport	2007 64 N

GOLF – 18 HOLES (CONTINUED)

<u>Handicap Play:</u>	70 - 74	Muller, Joe	Bay Shore	2009	82 G
Men:		Mortak, Mike	Amityville	2010	72 N
	75 - 79	Peirano, Robert	New York City	2004	82 G
		Fierro, J. Thomas	Syosset	2007	71 N
	80 - 84	May, John	Southold	2009	85 G
		Sposato, Frank	Huntington	2008	82 N
	85 - 89	Desisto, Michael	Valley Stream	2002	85 G
		Liss, Russel	Smithtown	2002	78 N
Women:	50 - 54	Bartholomew, Mary	Port Jefferson	2008	92 G
		Timpanaro, Rita	Smithtown	2004	75 N
	55 - 59	Farley, Linda	Smithtown	2010	87 G
		Magri, Joann	St. James	2010	69 N
	60 - 64	Karas, Patricia	Smithtown	2007	86 G
		Timpanaro, Rita	Smithtown	2010	67 N
	65 - 69	Karas, Patricia	Smithtown	2011	81 G
		Faessler, Kathy	Wantagh	2011	64 N
	70 - 74	Cockrill, Cathy	Stony Brook	2004	85 G
		Martin, Joan	Commack	2004	64 N
	75 - 79	Stump, Jean	Northport	2011	88 G
		Shearman, Dorothy	Commack	2009	74 N
	80 - 84	Sternberg, Estelle	North Merrick	2010	100 G
		Shearman, Dorothy	Commack	2010	74 N
	85 - 89	Allen, Helen	Forest Hills	2010	96 G
	90 - 94	Wenchell, Veronica	Merrick	2005	98 G

Callaway Scoring (No Handicap)

Men:	50 - 54	Tysowski, Ron	Babylon	2001	70G
	55 - 59	Schnittman, Bruce	Melville	2006	71G
	60 - 64	Vrana, John	Deer Park	2007	74G
		Byrne, Richard	Massapequa	2010	74N
	65 - 69	Rolfe, George	Hauppauge	2002	69G
		Esposito, Frank	Center Moriches	2011	73N
	70 - 74	Toner, John	Commack	2005	69G
		Brennan, Richard	East Rockaway	2011	76N
		Mortak, Mike	Mastic Beach	2011	76N
		O'Rourke, John	Massapequa	2009	76N
	75 - 79	Gaynor, Walter	Seaford	2005	63G
		Avena, John	Lindenhurst	2009	75N
		Bianco Jr., Mario	Bethpage	2011	75N
		Moran, Edward	Bohemia	2011	75N
		Schick, Hal	North Merrick	2010	75N
	80 - 84	Styles, George	Smithtown	2000	66G
		Dillon, Frank	Franklin Square	2009	77N
	85 - 89	Cirenza, Anthony	Massapequa	2004	72G
		Vogel, Ed	Glen Cove	2009	76N
	90 - 94	Styles, George	Smithtown	2007	77G
		Cirenza, Anthony	Massapequa	2011	78N
Women:	50 - 54	Czerepinski, Suzanne	Manorville	2006	74G
		Steinke, Laura	Massapequa	2008	96N
	55 - 59	Knabbe, Marie	Farmingdale	2003	65G
		Steinke, Laura	Massapequa	2009	76N
	60 - 64	Mulvey, Jean	Syosset	2003	66G
		Cargonja, Irene	Massapequa	2010	76N
		Hurleigh, Patricia	East Williston	2010, 2011	76N
		Sellers, Barbara	Huntington	2010	76N
	65 - 69	DeRose, Tami	Bay Shore	2003	67G
		Kelly, Kathleen	Centerport	2010	75N
	70 - 74	Bianco, Clementine	Bethpage	2006	76G
		Pette, Josephine	Massapequa	2010	76N

GOLF – 18 HOLES (CONTINUED)

<u>Callaway Scoring:</u>	75 - 79	Rafuse, Gloria	Plainview	2004	75G
Women:		Zumpano, Maryann	St. James	2012	77N
	80 - 84	Papatsos, Cal	Island Park	2006	75G
		Furman, Virginia	Huntington	2010	77N
	85 - 89	Ardan, Ruth	Seaford	2004	74G

GOLF – PITCH & PUTT

Men:	50 - 54	Jockers, Edward	Freeport	2007	68
	55 - 59	Masserwick, John	East Northport	2007	63
	60 - 64	Byrne, Richard	Massapequa	2010	58
	65 - 69	Schumacher, Donn	Central Islip	2010	55
	70 - 74	Schumacher, Donn	Central Islip	2012	55
	75 - 79	Hymes, Kenneth	Hicksville	2007	58
	80 - 84	Schick, Hal	North Merrick	2012	56
		Zolobkowski, Edward	North Babylon	2008	56
	85 - 89	Zolobkowski, Edward	North Babylon	2011, 2012	57
	90 - 94	Mortak, Joseph	Freeport	2009	71
	95 - 99	Mortak, Joseph	Freeport	2010	61
Women:	50 - 54	Maddock, Honour	Middle Island	2010	68
	60 - 64	Prazak, Kathleen	Brentwood	2008	62
	65 - 69	Berman, Bette	East Northport	2010	68
	70 - 74	Bayer, Patricia	West Islip	2007	60
	75 - 79	Dodenhoff, Barbara	Levittown	2008	88
	85 - 89	Rischan, Eunice	Wantagh	2010	73
	90 - 94	Rischan, Eunice	Wantagh	2012	69

HORSESHOES

Men:	50 - 54	Sandas, Fred	Hempstead	2009, 2010	Gold
	55 - 59	Ginipro, Andrew	Smithtown	2000, 2001, 2002	Gold
		Sandas, George	Garden City	2010	Gold
	60 - 64	Ginipro, Andrew	Smithtown	2007	15
	65 - 69	Ginipro, Andrew	Smithtown	2008	18
		Brennan, Richard	East Rockaway	2010	Gold
	70 - 74	Letsch, Edward	Kings Park	2007, 2008	15
	75 - 79	Savino, Vito	Copiague	2006, 2007	15
		Farrell, Thomas	Holbrook	2010	Gold
	80 - 84	Harris, William	Babylon	2006	Gold
Women:	50 - 54	McCuen, Barbara	Lake Grove	2006, 2007	6
	55 - 59	McCuen, Barbara	Lake Grove	2009	11
	60 - 64	Henderson, Janis	Mt. Sinai	2008, 2009	11
	65 - 69	Matthei, Barbara	Coram	2007	13
	70 - 74	Matthei, Barbara	Coram	2009	11

ORIENTEERING

Men:	50 - 54	Lerose, Douglas	Syosset	2006	23.52
(Beginner Course)	55 - 59	Dries, Wayne	Laurel	2010	28.46
	60 - 64	Kothe, Louis	Islip	2004	38.20
	65 - 69	Leifer, Joseph	Melville	2004	40.03
	70 - 74	Finkelstein, Ray	Great Neck	2004	54.40
	75 - 79	Cousins, Thomas	Aquebogue	2010	1:44.26
	85 - 89	Choy, Jimmy	Brooklyn	2006	1:14.04
Women:	50 - 54	Lee, Pamela	Syosset	2005	1:13.00
(Beginner Course)	55 - 59	Henderson, Janis	Mt. Sinai	2005	32.00
	60 - 64	Henderson, Janis	Mt. Sinai	2007	36.00
	65 - 69	Leifer, Claire	Dix Hills	2010	47.30
	70 - 74	Bowers, Joan	Islip	2007	38.00
	75 - 79	Glaser, Mary	Levittown	2005	2:13.00
	80 - 84	Dunleavy, Kathleen	Queens	2009	1:22.00

ORIENTEERING (CONTINUED)

Men: (Intermediate Course)	50 - 54	Hafen, Felix	Centerport	2011	28.18
	55 - 59	Bressler, Eric	Cutchogue	2010	31.00
	60 - 64	Howe, John	West Islip	2012	48.49
	65 - 69	Lloyd, David	Westbury	2011	37.40
	70 - 74	Sangesland, Odd	Plainview	2004	40.20
	75 - 79	Sangesland, Odd	Plainview	2005	47.00
Women: (Intermediate Course)	80 - 84	Sangesland, Odd	Plainview	2010	47.45
	50 - 54	McCuen, Barbara	Lake Grove	2004	1:25.10
	55 - 59	Schroder, Susan	Hampton Bays	2004	1:25.10
	60 - 64	Bahr, Joyce	Lake Grove	2004	1:25.05
	65 - 69	Ludlow, Nancy	Oakdale	2007	1:22.00
	70 - 74	Ludlow, Nancy	Oakdale	2010	1:19.20

PICKLEBALL

Men's Doubles:	55 - 59	Klein, Dennis	Valley Stream	07	Gold
	60 - 64	Rosenfeld, Jeffrey	Hewlett		
		Farkas, Joseph	Valley Stream	12	Gold
		Rubin, Norman	Wantagh		
	65 - 69	Vegosen, Raoul	Valley Stream	06, 07, 08	Gold
		Wybinow, Robert	Valley Stream		
		Vegosen, Raoul	Valley Stream	09, 10, 11,12	Gold
		Wybinow, Robert	Valley Stream		
	70 -74	Carrasquero, Henry	Farmingdale	09	Gold
	75 - 79	Livote, Nicholas	Manorville		
Joly, Donald		Nesconset	10	Gold	
Women's Doubles:	50 - 54	Livote, Nicholas	Manorville		
	50 - 54	Schiavone, Laura	Bethpage	09	Gold
		Smith, Barbara	Amityville		
		DiPrima, Anne	Farmingdale	08, 09	Gold
	55 - 59	Rossano-Cloke, D.	Ronkonkoma		
		Knabbe, Marie	Farmingdale	05	Gold
		Van Valkenburg, Linda	Bronx		
		D'Aurio, Karen	Oakdale	10	Gold
	60 - 64	Lestrangle, Lorraine	Bohemia		
		Bucaria, Julia	Manorville	09	Gold
		Matthews, Susan	Manorville		
		Knabbe, Marie	Bronx	06, 07, 08	Gold
		Van Valkenburg, Linda	Bronx		
65 - 69	Knabbe, Marie	Bronx	11, 12	Gold	
	Van Valkenburg, Linda	Bronx			
70 - 74	DeRose, Tami	Bay Shore	08, 10, 11	Gold	
Mixed Doubles:	50 - 54	Maffetore, Madeline	Mineola		
	50 - 54	Joly, Donald	Nesconset	09	Gold
		Smith, Barbara	Amityville		
	55 - 59	Lestrangle, Lorraine	Bohemia	10	Gold
		Wybinow, Robert	Valley Stream		
	60 - 64	Farkas, Joseph	Valley Stream	12	Gold
		Maffetore, Madeline	Mineola		
	65 - 69	Knabbe, Marie	Bronx	11, 12	Gold
		Wybinow, Robert	Valley Stream		
	70 - 74	Joly, Donald	Nesconset	08, 10	Gold
		Maffetore, Madeline	Mineola		
	75 - 79	Bowers, Joan	Islip	08	Gold
		Carrasquero, Henry	Islip		
		Carrasquero, Henry	Islip	07	Gold
DeRose, Tami		Bay Shore			

RACQUETBALL

Men's Singles:	50 - 54	Rullmann, Charles	Islip Terrace	09, 11	Gold
	55 - 59	Greenspan, Mitchell	North Babylon	09	Gold
	60 - 64	Olivera, Luis	Bay Shore	10	Gold
	65 - 69	Walter, Gary	West Hempstead	99, 02	Gold
		Blitz, Neil	East Northport	09, 10, 11	Gold
		Walter, Gary	West Hempstead	05, 06, 07, 08	Gold
		Kuenzler, Emil	N. Massapequa	99, 01	Gold
	70 - 74	Walter, Gary	West Hempstead	11	Gold
		Kuenzler, Emil	N. Massapequa	02, 04, 05, 06	Gold
		Kuenzler, Emil	North Massapequa	07, 08, 10	Gold
Men's Singles:	80 - 84	Ross, Daniel	Bronx	00, 01	Gold
Women's Singles:	50 - 54	Maddock, Honour	Middle Island	09	Gold
	55 - 59	Maddock, Honour	Middle Island	12	Gold
	60 - 64	Pesek, Carol	Setauket	12	Gold
		Arnott, Jane	Bay Shore	09, 10	Gold
		Kane, Kathleen	Middle Island	06, 07, 08	Gold
Men's Doubles:	65 - 69	Kane, Kathleen	Middle Island	09, 12	Gold
	50 - 54	Grafstein, Fred	Dix Hills	11	Gold
		Rullmann, Charles	Islip		
		Schaeffer, Phil	Malverne	11	Gold
	55 - 59	Walter, Gary	West Hempstead		
		Delabastide, Thomas	North Babylon	10	Gold
	60 - 64	Olivera, Luis	Bay Shore		
		Cohen, Howie	Oceanside	10	Gold
	65 - 69	Walter, Gary	West Hempstead		
		Rothman, Jack	Patchogue	10	Gold
		Schmitt, Richard	Commack		
	70 - 74	Rothman, Jack	Patchogue	08	Gold
		Rubenstein, Herbert	Oakdale		
		Rothman, Jack	Patchogue	09	Gold
		Rubenstein, Herbert	Oakdale		
Kuenzler, Emil		North Massapequa	10	Gold	
75 - 79	Rubenstein, Herbert	Oakdale			
	Marcus, Beverly	Smithtown	09	Gold	
	Velez, Lydia	Bay Shore			
	Bowman, Marie	Selden	12	Gold	
60 - 64	Pesek, Carol	Setauket			
	Lestrangle, Lorraine	Bohemia	05	Gold	
	Rantz, Ralph	Smithtown			
55 - 59	D'Aurio, Karen	Oakdale	10	Gold	
	Schmitt, Richard	Commack			
	Padron, Jorge	Bay Shore	10	Gold	
60 - 64	Velez, Lydia	Bay Shore			

SHUFFLEBOARD

Men:	50 - 54	Lehmann, Robert	Commack	2003	36	
		Sandas, Fred	Hempstead	2010	Gold	
		Ginipro, Andrew	Smithtown	2002	19	
	60 - 64	Pollack, Michael	Port Washington	2007	81	
		Kothe, Louis	Islip	2006, 2008	81	
	65 - 69	Marano, Thomas	Lake Grove	2007	92	
	70 - 74	Stonelli, Robert	Sayville	2012	218	
	75 - 79	Frigano, Peter	Lynbrook	2007, 2008	62	
	80 - 84	Webber, Rich	Ridge	2012	107	
	85 - 89	Choy, Jimmy	Brooklyn	2005	29	
	Women:	50 - 54	McCuen, Barbara	Lake Grove	2006	75
			McCuen, Barbara	Lake Grove	2008, 2009	Gold
		Schroder, Susan	Hampton Bays	2004	98	
		60 - 64	Arnott, Jane	Bay Shore	2011	119
			Schroder, Susan	Hampton Bays	2008	Gold

SHUFFLEBOARD (CONTINUED)

Women:	65 - 69	Knabbe, Marie	Bronx	2012	184
	70 - 74	Rolfe, Sally	Hauppauge	2006	121
	75 - 79	Pultz, Rosemarie	Massapequa	2005	53
	80 - 84	Frigano, Jeanette	Lynbrook	2008	Gold
	85 - 89	Kessler, Beatrice	Elmont	2009	Gold
	90 - 94	Manginelli, Rose	Selden	2009	Gold

SOFTBALL

Men:	60 - 64	Silver Streaks		04, 05, 07, 08	Gold
	65 - 69	Cardinals		10	Gold
		Raiders		10	Gold
		Babylon Bulldogs		05, 06, 07	Gold
	70 - 74	Statesmen		08	Gold
		Brookhaven Larks		06, 07	Gold
	75 - 79	Falcons 75+		08	Gold
		Suffolk Falcons		06, 07	Gold
		80+	Senior Seniors		07
	Women:	50 - 59	Metros		08
Senior Moments				05	Gold

SWIMMING

<u>Backstroke – 50 Yds.</u>						
Men:	50 - 54	Suzuki, Akira	Scarsdale	2004	35.22	
	55 - 59	Peters, Ed	Syosset	2000	36.68	
	60 - 64	Hennessey, Frank	Bronx	2009	37.08	
	65 - 69	Goldblatt, Barry	Syosset	2008	41.43	
	70 - 74	Fruin, John	Massapequa	2000	45.60	
	75 - 79	Merrow, Adin	New York City	2000	41.66	
	80 - 84	Bowe, William	Huntington	1999	45.04	
	85 - 89	Lynch, Walter	Belle Harbor	2008	59.82	
	Women:	50 - 54	Cargonja, Irene	Massapequa	1999	43.51
		55 - 59	Cargonja, Irene	Massapequa	2004	47.01
60 - 64		Cargonja, Irene	Massapequa	2011	46.38	
65 - 69		Katz, Jane	New York City	2010	44.92	
70 - 74		Quinn, Adeline	Lido Beach	2006	54.07	
75 - 79		Box, Gertrude	Seaford	2001	55.05	
80 - 84		Box, Gertrude	Seaford	2003	1:05.12	
85 - 89		Box, Gertrude	Seaford	2007	1:15.57	
<u>Backstroke – 100 Yds.</u>						
Men:		50 - 54	Suzuki, Akira	Scarsdale	2004	1:20.50
	55 - 59	Grunberg, Ariel	East Rockaway	2010	1:26.60	
	60 - 64	Campbell, Colin	Riverhead	2001	1:32.17	
	65 - 69	Savage, Richard	Smithtown	2001	1:36.16	
	70 - 74	Fruin, John	Massapequa	2001	1:14.96	
	75 - 79	Merrow, Adin	New York City	2000	1:29.56	
	80 - 84	Bowe, William	Huntington	1999	1:46.72	
	85 - 89	Lynch, Walter	Belle Harbor	2008	2:11.94	
	Women:	50 - 54	Cargonja, Irene	Massapequa	2001	1:31.63
		55 - 59	Cargonja, Irene	Massapequa	2003	1:39.63
60 - 64		Cargonja, Irene	Massapequa	2011	1:41.40	
65 - 69		Katz, Jane	New York City	2011	1:36.10	
70 - 74		Quinn, Adeline	Lido Beach	2006	1:56.28	
75 - 79		Box, Gertrude	Seaford	1999	2:07.31	
80 - 84		Box, Gertrude	Seaford	2002	2:30.96	
85 - 89		Box, Gertrude	Seaford	2007	2:51.08	
<u>Backstroke – 200 Yds.</u>						
Men:		50 - 54	Brennan, William	West Islip	2002	3:12.21
	55 - 59	Kraics, Fred	New York City	2006	3:33.38	
	60 - 64	Kuziw, John	Commack	2011	4:02.30	
	65 - 69	Wortmann, Neil	Carle Place	2003	3:43.44	
	70 - 74	Fruin, John	Massapequa	1999	3:46.49	
	75 - 79	Merrow, Adin	New York City	2000	3:19.88	
	80 - 84	Cesarini, Rudolph	Bay Shore	2008	4:30.07	
	85 - 89	Lynch, Walter	Belle Harbor	2008	4:53.67	

SWIMMING (CONTINUED)

<u>Backstroke – 200 Yds.</u>	50 - 54	Cargonja, Irene	Massapequa	2001	3:31.52
Women:	55 - 59	Cargonja, Irene	Massapequa	2003	3:32.68
	60 - 64	Cargonja, Irene	Massapequa	2008	3:42.37
	65 - 69	Katz, Jane	New York City	2011	3:25.80
	70 - 74	Quinn, Adeline	Lido Beach	2006	4:06.40
	75 - 79	Box, Gertrude	Seaford	2001	4:58.80
	80 - 84	Box, Gertrude	Seaford	2003	5:27.58
<u>Breaststroke – 50 Yds.</u>	50 - 54	Plosky, Stuart	Syosset	2000	36.86
Men:	55 - 59	Grunberg, Ariel	East Rockaway	2009	41.18
	60 - 64	Campbell, Colin	Riverhead	2001	39.78
	65 - 69	Goldblatt, Barry	Syosset	2008	40.10
	70 - 74	Schenendorf, Richard	Bellmore	2008	43.28
	75 - 79	Woods, Albert	Sag Harbor	2008	41.00
	80 - 84	Woods, Albert	Sag Harbor	2011	43.47
	85 - 89	Haridopolos, Nicholas	Northport	2010	49.32
	90 - 94	Styles, George	Smithtown	2009	3:00.32
Women:	50 - 54	Vellucci, Marie	Staten Island	2002	45.68
	55 - 59	Vellucci, Marie	Staten Island	2005	46.42
	60 - 64	James, Nancy	West Babylon	2003	45.35
	65 - 69	James, Nancy	West Babylon	2007	46.85
	70 - 74	Goines, Margaretta	New York City	2005	55.23
	75 - 79	Esposito, Hedy	Levittown	2005	58.13
	80 - 84	Box, Gertrude	Seaford	2002	1:01.00
	85 - 89	Box, Gertrude	Seaford	2007	1:42.97
<u>Breaststroke – 100 Yds.</u>	50 - 54	Samaranayke, Tilak	Fords, NJ	2010	1:26.80
Men:	55 - 59	Gladstone, Dennis	Tarrytown	2002	1:47.48
	60 - 64	Schenendorf, Richard	Bellmore	2000	1:28.65
	65 - 69	Schenendorf, Richard	Bellmore	2002	1:30.47
	70 - 74	Schenendorf, Richard	Bellmore	2008	1:37.99
	75 - 79	Woods, Albert	Sag Harbor	2006	1:36.79
	80 - 84	Woods, Albert	Sag Harbor	2011	1:45.10
	85 - 89	Lynch, Walter	Belle Harbor	2008	2:26.19
Women:	50 - 54	Vellucci, Marie	Staten Island	2002	1:42.10
	55 - 59	Vellucci, Marie	Staten Island	2005	1:42.90
	60 - 64	James, Nancy	West Babylon	2003	1:42.00
	65 - 69	James, Nancy	West Babylon	2007	1:41.53
	70 - 74	Goines, Margaretta	New York City	2005	2:05.33
	75 - 79	Esposito, Hedy	Levittown	2003	2:09.00
	80 - 84	Box, Gertrude	Seaford	2003	2:53.00
	85 - 89	Box, Gertrude	Seaford	2007	3:29.18
<u>Butterfly – 50 Yds.</u>	50 - 54	Maul, George	Dix Hills	2004	32.43
Men:	55 - 59	Perkins, Bob	Bayside	2010	32.03
	60 - 64	Hennessey, Frank	Bronx	2009	31.11
	65 - 69	Goldblatt, Barry	Syosset	2008	37.36
	70 - 74	Wortmann, Neil	Carle Place	2006	45.74
	75 - 79	Briesemeister, Rich	Merrick	2004	1:00.45
	80 - 84	Guido, Dick	Glen Cove	2001	1:00.13
	85 - 89	Charles, Jay	New York City	2008	1:15.68
Women:	50 - 54	Cargonja, Irene	Massapequa	1999	47.46
	55 - 59	Cargonja, Irene	Massapequa	2003	51.37
	60 - 64	Franco, Margaret	Bayside	2000	44.07
	65 - 69	Franco, Margaret	Bayside	2003	47.22
	70 - 74	Goines, Margaretta	New York City	2005	53.02
	75 - 79	Goines, Margaretta	New York City	2011	58.25
	80 - 84	Box, Gertrude	Seaford	2005	2:13.95
	85 - 89	Sobel, Pearl	Rockville Centre	1999	1:29.29
<u>Butterfly – 100 Yds.</u>	50 - 54	Benson, Richard	Oceanside	2004	1:18.93
Men:	60 - 64	Wortmann, Neil	Carle Place	1999	1:37.30
	65 - 69	Wortmann, Neil	Carle Place	2003	1:43.95
	70 - 74	Graham, John	Flushing	2002	2:28.37
	75 - 79	Charles, Jay	New York City	2001	2:38.11
	80 - 84	Charles, Jay	New York City	2004	3:00.36
	85 - 89	Charles, Jay	New York City	2008	3:14.56

SWIMMING (CONTINUED)

<u>Butterfly – 100 Yds.</u>	50 - 54	Vellucci, Marie	Staten Island	2002	1:40.59
Women:	55 - 59	Vellucci, Marie	Staten Island	2005	1:44.16
	60 - 64	Franco, Margaret	Bayside	2000	1:43.86
	65 - 69	Leifer, Claire	Dix Hills	2009	3:14.10
	70 - 74	Goines, Margaretta	New York City	2007	2:20.18
<u>Freestyle - 50 Yds.</u>	50 - 54	Plosky, Stuart	Syosset	2000	25.64
Men:	55 - 59	Maul, George	Dix Hills	2006	27.45
	60 - 64	Campbell, Colin	Riverhead	2001	23.99
	65 - 69	Kramer, Don	East Patchogue	2005	29.10
	70 - 74	Murata, Hiroshi	Huntington	2010	33.66
	75 - 79	Vannucci, Peter	Northport	2007	30.07
	80 - 84	Woods, Albert	Sag Harbor	2011	35.50
	85 - 89	Sobel, Gerson	Rockville Centre	1999	42.00
	90 - 94	Sobel, Gerson	Rockville Centre	2000	44.53
	95 - 99	Sobel, Gerson	Rockville Centre	2005	54.55
Women:	50 - 54	Denihan, Karen	Mt. Sinai	2002	37.22
	55 - 59	Jensen, Susan	Huntington	1999	40.33
	60 - 64	Franco, Margaret	Bayside	1999	36.13
	65 - 69	James, Nancy	West Babylon	2007	43.37
	70 - 74	Esposito, Hedy	Levittown	1999	44.33
	75 - 79	Esposito, Hedy	Levittown	2003	47.98
	80 - 84	Esposito, Hedy	Levittown	2009	55.39
	85 - 89	Sobel, Pearl	Rockville Centre	1999	1:07.72
<u>Freestyle - 100 Yds.</u>	50 - 54	Nieminski, Michael	East Norwich	2009	1:02.08
Men:	55 - 59	Maul, George	Dix Hills	2006	1:05.32
	60 - 64	Helin, Ron	Setauket	2001	1:07.09
	65 - 69	Murata, Hiroshi	Huntington	2007	1:10.08
	70 - 74	Murata, Hiroshi	Huntington	2010	1:15.00
	75 - 79	Woods, Albert	Sag Harbor	2005	1:22.66
	80 - 84	Guido, Dick	Glen Cove	2001	1:30.43
	85 - 89	Sobel, Gerson	Rockville Centre	1999	1:32.99
	95 - 99	Sobel, Gerson	Rockville Centre	2007	2:25.59
Women:	50 - 54	Mancini, Nancy	Albertson	2007	1:21.45
	55 - 59	Denihan, Karen	Mt. Sinai	2004	1:29.70
	60 - 64	Franco, Margaret	Bayside	1999	1:26.21
	65 - 69	James, Nancy	West Babylon	2007	1:38.07
	70 - 74	Esposito, Hedy	Levittown	2001	1:45.52
	75 - 79	Esposito, Hedy	Levittown	2003	1:45.97
	80 - 84	Esposito, Hedy	Levittown	2008	2:15.31
<u>Freestyle – 200 Yds.</u>	50 - 54	Brennan, William	West Islip	2003	2:22.62
Men:	55 - 59	Maul, George	Dix Hills	2006	2:40.00
	60 - 64	Helin, Ron	Setauket	2001	2:28.00
	65 - 69	Murata, Hiroshi	Huntington	2007	2:55.05
	70 - 74	Murata, Hiroshi	Huntington	2010	2:58.40
	75 - 79	Briesemeister, Rich	Merrick	2004	3:33.61
	80 - 84	Guido, Dick	Glen Cove	2001	3:18.13
	85 - 89	Sobel, Gerson	Rockville Centre	1999	3:46.67
Women:	50 - 54	Vellucci, Marie	Staten Island	2002	2:59.72
	55 - 59	Vellucci, Marie	Staten Island	2005	3:00.76
	60 - 64	Franco, Margaret	Bayside	2000	3:18.46
	65 - 69	James, Nancy	West Babylon	2007	3:01.00
	70 - 74	Esposito, Hedy	Levittown	1999	3:46.74
	75 - 79	Stanley, Barbara	Sayville	2008	4:05.28
	80 - 84	Box, Gertrude	Seaford	2002	5:51.02
<u>Medley – 100 Yds.</u>	50 - 54	McCue, Lawrence	Stone Ridge	2009	1:19.81
Men:	55 - 59	Grunberg, Ariel	East Rockaway	2009	1:22.46
	60 - 64	Hennessey, Frank	Bronx	2009	1:20.19
	65 - 69	Goldblatt, Barry	Syosset	2008	1:31.35
	70 - 74	Wortmann, Neil	Carle Place	2006	1:43.56
	80 - 84	Charles, Jay	New York City	2006	1:40.37
	85 - 89	Charles, Jay	New York City	2008	2:46.07

SWIMMING (CONTINUED)

<u>Medley – 100 Yds.</u>	50 - 54	Mancini, Nancy	Albertson	2009	1:43.58
Women:	55 - 59	Mancini, Nancy	Albertson	2010	1:54.00
	60 - 64	Leifer, Claire	Dix Hills	2006	1:36.30
	65 - 69	Katz, Jane	New York City	2011	1:40.50
	70 - 74	Goines, Margaretta	New York City	2008	2:09.56
	75 - 79	Goines, Margaretta	New York City	2011	2:14.90
<u>Medley – 200 Yds.</u>	50 - 54	Benson, Richard	Oceanside	2004	2:57.17
Men:	55 - 59	Gladstone, Dennis	Tarrytown	2002	3:49.15
	60 - 64	Wortmann, Neil	Carle Place	1999	3:14.20
	65 - 69	Gales, Luther	New York City	2005	3:25.46
	70 - 74	Wortmann, Neil	Carle Place	2006	3:32.66
	75 - 79	Charles, Jay	New York City	2000	5:09.79
	80 - 84	Charles, Jay	New York City	2004	5:39.92
Women:	50 - 54	Vellucci, Irene	Staten Island	2002	3:26.40
	55 - 59	Vellucci, Irene	Staten Island	2005	3:27.24
	60 - 64	Leifer, Claire	Dix Hills	2006	3:30.28
	65 - 69	Katz, Jane	New York City	2011	3:35.30
	75 - 79	Esposito, Hedy	Levittown	2003	4:44.66
	85 - 89	Sobel, Pearl	Rockville Centre	1999	6:47.43

TABLE TENNIS

Men's Singles:	50 - 54	Pineda, Alex	Forest Hills	12	Gold
	55 - 59	Tawney, Roop	Commack	10	Gold
		Mei, Martin	West Hempstead	05, 06	Gold
	60 - 64	Friedman, Daniel	Miller Place	10	Gold
		Leavy, Edward	Staten Island	06, 07	Gold
		Brunelle, Arthur	North Bellmore	00, 02, 04, 05	Gold
	65 - 69	Cohen, Paul	Huntington	12	Gold
		Pfeffer, Skip	East Meadow	08, 09, 10, 11	Gold
		Radoslovich, Luciano	Bayside	02, 03	Gold
	70 - 74	Joyce, Edmund	East Northport	07, 08, 09, 10, 11	Gold
	75 - 79	Joyce, Edmund	East Northport	12	Gold
	80 - 84	Vannucci, Peter	Northport	11, 12	Gold
	85 - 89	Pfeiffer, Robert	Huntington	07	Gold
	90 - 94	Styles, George	Smithtown	07, 09	Gold
Women's Singles:	50 - 54	Anjelly, Mona	Islip	05, 06	Gold
		Westing, Theresa	Bellmore	03, 04	Gold
	55 - 59	Maddock, Honour	Middle Island	12	Gold
		Van Valkenburg, Linda	Bronx	02, 03, 04, 05	Gold
	60 - 64	Wakefield, Carol	Baldwin	11	Gold
		Van Valkenburg, Linda	Bronx	10	Gold
		Arena, Evelyn	West Babylon	08	Gold
		Sconzo, Maria	Bay Shore	03, 04	Gold
	65 - 69	Tucker, Barbara	Far Rockaway	11, 12	Gold
		Arena, Evelyn	West Babylon	09	Gold
	70 - 74	Demas, Helen	North Massapequa	07	Gold
		Gordon, Marie	Eastport	04, 05, 06	Gold
	75 - 79	Demas, Helen	North Massapequa	08, 10, 11	Gold
		Schinnerer, Barbara	Islip	04, 05	Gold
	80 - 84	Smith, Muriel	Syracuse	09	Gold
		Bowman, Madeline	Bayport	02, 04	Gold
	85 - 89	Pirro, Italia	Babylon	09	Gold
		Bowman, Madeline	Bayport	05, 06	Gold
Men's Doubles:	50 - 54	Pasqual, Robert	Flushing	12	Gold
		Pineda, Alex	Forest Hills		
	55 - 59	Badlani, Sachal	Cold Spring Harbor	10	Gold
		Tawney, Roop	Commack		
	65 - 69	Caffrey, Robert	Levittown	10	Gold
		Livote, Nicholas	Manorville		
	70 - 74	Katz, Sheldon	Port Jefferson	07	Gold
		Rego, Charles	Central Islip		

TABLE TENNIS (CONTINUED)

Women's Doubles:	50 - 54	Demas, Helen	North Massapequa	08	Gold
		Grassi, Jan	Copiague		
		Anjelly, Mona	Islip	04, 05, 06	Gold
	60 - 64	Bubelnik, Maryann	Floral Park	06	
		Jean, Frances	East Setauket	07	Gold
	65 - 69	Wei, Julianne	Commack		
		Demas, Helen	North Massapequa	08	Gold
		Tucker, Barbara	Far Rockaway		
Mixed Doubles:	60 - 64	Jean, Frances	East Setauket	07	Gold
		Wei, Millet	Commack		
	65 - 69	Caffrey, Robert	Levittown	10	Gold
		Demas, Helen	North Massapequa		
	70 - 74	Bowman, Madeline	Bayport	06, 07	Gold
		Rego, Charles	Central Islip		
	75 - 79	Galen, Ben	Deer Park	09	Gold
		Sullivan, Georgiana	Deer Park		

TENNIS

Men's Singles:	50 - 59	Badlani, Sachal	Cold Spring Harbor	08	Gold
		Alsofrom, Marty	Baldwin	02, 03, 04, 05	Gold
	55 - 59	Hinshaw, John	Levittown	11	Gold
	60 - 64	Howe, John	West Islip	11	Gold
	65 - 69	Pfeffer, Skip	East Meadow	11	Gold
	70 - 74	Kramer, Don	East Patchogue	10, 11	Gold
	70 - 79	Goodman, Burton	Great Neck	06, 07, 08	Gold
	75 - 79	Kramer, Don	East Patchogue	12	Gold
		Goodman, Burton	Great Neck	11	Gold
	80 - 89	Trop, Marc	North Bellmore	11, 12	Gold
85 - 89	Haridopolis, Nick	Northport	10	Gold	
Women's Singles:	50 - 54	Aman, Dahlia	E. Hampton	03, 04, 05, 06, 07, 08	Gold
		Shimon, Marilyn	Hewlett	10	Gold
	55 - 59	Howe, Linda	West Islip	12	Gold
	60 - 64	Davis, Laurel	East Moriches	10	Gold
	65 - 69	Shilling, Wynne	Douglaston	11	Gold
		Gioia, Rosalia	Albertson	00, 01	Gold
	70 - 74	Unger, Donna	Southampton	06, 07, 08	Gold
		Gioia, Rosalia	Albertson	02, 04, 05	Gold
	75 - 79	Vernet, Cynthia	Brooklyn	11	Gold
	80 - 84	Vernet, Cynthia	Brooklyn	12	Gold
Unger, Donna		Southampton	10	Gold	
85 - 89	Kuhl, Marie	Sag Harbor	04, 05	Gold	
	Kuhl, Marie	Sag Harbor	06	Gold	
Men's Doubles:	50 - 59	Badlani, Sachal	Cold Spring Harbor	08	Gold
		Tawney, Roop	Commack		
		Alsofrom, Marty	Baldwin	02, 03, 04	Gold
	55 - 59	Janoff, Nat	Long Beach		
		Badlani, Sachal	Cold Spring Harbor	10	Gold
	60 - 64	Tawney, Roop	Commack		
		Howe, John	West Islip	12	Gold
		Kramer, Don	East Patchogue		
		Caffrey, Robert	Levittown	09, 10	Gold
		Capparelli, William	North Massapequa		
70 - 74	Caffrey, Robert	Levittown	11	Gold	
75 - 79	Capparelli, William	North Massapequa			
	Hahn, Andrew	Lake Grove	11	Gold	
80 - 89	Hymes, Kenneth	Hicksville			
	Auerbach, Leon	Bay Shore	07	Gold	
		Kardeman, Harold	North Bay Shore		

TENNIS (CONTINUED)

Women's Doubles:	50 - 59	Anjelly, Mona	Islip	02, 03, 04, 06	Gold	
		Purpura, Theresa	Central Islip	02, 03, 04		
	55 - 59	Howe, Linda	West Islip	12	Gold	
		Knabbe, Marie	Bronx			
	60 - 64	Castagnaro, Carol	Brookhaven	10	Gold	
		Davis, laurel	East Moriches			
		Burke, Mildred	East Islip	04, 05, 06, 08	Gold	
		Saccacio, Patricia	Babylon	07, 08		
	65 - 69	Bozek, Carol	Westbury	10, 11	Gold	
		Knabbe, Marie	Bronx			
70 - 79		Demarest, Jeanette	South Jamesport	09, 10	Gold	
		Unger, Donna	Southampton			
		Gioia, Rosalia	Albertson	09	Gold	
		Vernet, Cynthia	Brooklyn			
	75 - 79	Gioia, Rosalia	Albertson	10	Gold	
		Vernet, Cynthia	Brooklyn			
	Mixed Doubles:	50 - 54	Anjelly, Mona	Islip	02, 03, 04	Gold
			Kothe, Louis	Islip		
		55 - 59	Aruti, Larry	Rockville Centre	10	Gold
			Shimon, Marilyn	Hewlett		
60 - 69		Bozek, Carol	Westbury	04, 05, 06, 08	Gold	
		Mulvey, John	Syosset			
65 - 69			Shilling, John	Douglaston	12	Gold
			Shilling, Wynne	Douglaston		
		Bozek, Carol	Westbury	10, 11	Gold	
		Mulvey, John	Syosset			
70 - 79		Gappelberg, Leonard	Great Neck	05, 06	Gold	
		Pescow, Anita	Great Neck			
		Morello, Joseph	Middle Village	08, 09	Gold	
		Unger, Donna	Southampton			
		Perilli, Peggy	Northport	09	Gold	
		Perilli, William	Northport			
	70 - 74	Perilli, Peggy	Northport	10	Gold	
		Perilli, William	Northport			
	75 - 79		Porter, Alexander	New York City	11	Gold
			Vernet, Cynthia	Brooklyn		
80 - 89		Morello, Joseph	Middle Village	10	Gold	
		Unger, Donna	Southampton			
		Kuhl, Marie	Sag Harbor	04, 05, 06	Gold	
		Stow, Rupert	Hampton Bays			

TRACK & FIELD

<u>100 Meter Dash:</u>	50 - 54	Robinson, Allan	Bay Shore	2008	12.07	
	Men:	55 - 59	Toscano, Thomas	Shoreham	2003	12.50
		60 - 64	Johnson, Ron	Jamaica	2010	12.60
	65 - 69	Gansle, Paul	Albany	2007	13.00	
	70 - 74	Williams, Lloyd S.	Greenlawn	2004	13.80	
	75 - 79	Williams, Lloyd S.	Greenlawn	2010	15.40	
	80 - 84	Bruce, Robert	Owego	2009	16.20	
	85 - 89	Silverstein, Milton	Fredericksburg, VA	2005	18.90	
	Women:	50 - 54	Cirina, Kathleen	Sea Cliff	2002	15.80
		55 - 59	Mair, Adlin	White Plains	2001	14.76
60 - 64		Mair, Adlin	White Plains	2003	16.00	
65 - 69		Cataldo, Patricia	Valley Stream	2004	19.30	
70 - 74		Peterson, Pat	Albany	2000	17.80	
75 - 79		Allen, Helen	Forest Hills	1999	20.10	
80 - 84		Gioia, Rosalia	Albertson	2012	25.31	
85 - 89		Roe, Bernyce	Ridge	2002	45.30	
90 - 94		Keeling, Ida	Riverdale	2006	47.36	
<u>200 Meter Dash:</u>		50 - 54	Archer, Donald	Brentwood	2010	24.95
	Men:	55 - 59	Toscano, Thomas	Shoreham	2002	25.30
		60 - 64	Johnson, Ron	Jamaica	2006	26.90
	65 - 69	Williams, Lloyd S.	Greenlawn	2002	26.90	

TRACK & FIELD (CONTINUED)

<u>200 Meter Dash:</u>	70 - 74	Williams, Lloyd S.	Greenlawn	2004	28.70
Men:	75 - 79	Williams, Lloyd S.	Greenlawn	2009	34.00
	80 - 84	Bruce, Robert	Owego	2009	37.50
	85 - 89	Silverstein, Milton	Fredericksburg, VA	2005	39.70
Women:	50 - 54	Senn-Griffiths, Caryl	Massapequa	2012	31.26
	55 - 59	Mair, Adlin	White Plains	2001	32.50
	60 - 64	Mair, Adlin	White Plains	2002	31.60
	65 - 69	Cataldo, Patricia	Valley Stream	2004	43.10
	70 - 74	Peterson, Pat	Albany	2000	37.10
	75 - 79	Gillyean, Joan	Massapequa	2002	54.00
	80 - 84	Gioia, Rosalia	Albertson	2012	1:08.08
	90 - 94	Manginelli, Rose	Selden	2009	1:58.25
<u>400 Meter Dash:</u>	50 - 54	Lapp, Rick	Coram	2000	55.91
Men:	55 - 59	Lapp, Rick	Coram	2008	58.71
	60 - 64	Johnson, Ron	Jamaica	2006	1:03.04
	65 - 69	Gansle, Paul	Albany	2007	1:06.38
	70 - 74	Williams, Lloyd S.	Greenlawn	2004	1:09.40
	75 - 79	Trunkes, Tom	Dix Hills	2002	1:26.90
	80 - 84	Davan, Robert	Rockaway Park	2001	1:41.86
	85 - 89	Jablon, Bert	Syosset	2012	1:49.82
	90 - 94	Benson, William	Valley Stream	2010	2:36.07
Women:	50 - 54	Fox, Vicki	Huntington	2012	1:11.39
	55 - 59	Fabiano, Susan	Valley Stream	2004	1:27.50
	60 - 64	Mair, Adlin	White Plains	2003	1:22.80
	65 - 69	Dixon, Etta	Brooklyn	2002	1:22.00
	70 - 74	Webber, Eleanor	Brookhaven	2002	1:31.80
	75 - 79	Cabrera, Eileen	Mt. Sinai	2004	3:09.20
	80 - 84	Wilson, Thelma	New York City	2011	2:13.57
	85 - 89	Roe, Bernyce	Ridge	2001	4:20.70
<u>800 Meter Run:</u>	50 - 54	Sterrett, Adrian	Jamaica	2009	2:26.72
Men:	55 - 59	Kaminsky, Seth	Cold Spring Harbor	1999	2:30.10
	60 - 64	Viola, Patrick	Commack	2009	2:44.53
	65 - 69	Bernstein, Abe	Manhasset	2004	2:51.60
	70 - 74	Bernstein, Abe	Manhasset	2010	2:59.90
	75 - 79	McManus, John	Woodside	2000	3:26.38
	80 - 84	Benson, William	Valley Stream	2000	3:55.91
	85 - 89	Benson, William	Valley Stream	2007	5:21.06
Women:	50 - 54	Keeling, Shelley	Riverdale	2002	2:57.90
	55 - 59	Michelsohn, Mariel	Stony Brook	1999	3:14.30
	60 - 64	Mair, Adlin	White Plains	2004	3:21.90
	65 - 69	MacLeod, Isabelle	Locust Valley	2000	4:58.21
	70 - 74	Peterson, Pat	Albany	2000	4:43.93
<u>1500 Meter Run:</u>	50 - 54	Dolny, Henry	Bay Shore	1999	5:03.80
Men:	55 - 59	Kaminsky, Seth	Cold Spring Harbor	1999	5:14.70
	60 - 64	Cordero, Joe	Islip Terrace	1999	5:24.40
	65 - 69	Bernstein, Abe	Manhasset	2003	6:15.80
	70 - 74	Bernstein, Abe	Manhasset	2009	6:26.75
	75 - 79	McManus, John	Woodside	2000	7:05.97
	80 - 84	Davan, Robert	Rockaway Park	2001	8:07.40
	85 - 89	Benson, William	Valley Stream	2005	9:16.60
Women:	50 - 54	Keeling, Shelley	Riverdale	2002	5:50.00
	55 - 59	Michelsohn, Mariel	Stony Brook	1999	6:28.40
	60 - 64	Trotto, Mary	Smithtown	2008	8:14.82
	65 - 69	Cataldo, Patricia	Valley Stream	2004	7:27.70
	70 - 74	Beldin, Helen	Brooklyn	2003	9:28.10
	80 - 84	Wilson, Thelma	New York City	2011	9:02.08
<u>1500 Meter Walk</u>	50 - 54	Graff, Dennis	Selden	1999	10:30.80
Men:	55 - 59	Warren, Peter	Westfield, NJ	2010	9:05.30
	60 - 64	Thornton, Jim	Garden City	2010	9:51.60
	65 - 69	Bottone, Salvatore	South Huntington	2005	10:30.30
	70 - 74	Lanfair, Joseph	North Babylon	2010	9:27.90
	75 - 79	Lanfair, Joseph	North Babylon	2012	10:05.00
	80 - 84	Zecher, Sidney	Newburgh	2003	11:20.10
	85 - 89	Charles, Jay	New York City	2008	14:34.00

TRACK & FIELD (CONTINUED)

<u>1500 Meter Walk</u>	50 - 54	Harvey, Maryann	Farmingdale	2010	9:48.66
Women:	55 - 59	Lee, Nell	Stony Brook	1999	10:36.30
	60 - 64	Kraft, Christine	Woodhaven	2010	11:17.62
	65 - 69	Cesarini, Camilla	Bay Shore	1999	11:54.50
	70 - 74	Cesarini, Camilla	Bay Shore	2001	12:53.03
	75 - 79	Charles, Minna	New York City	2000	12:04.70
	80 - 84	Charles, Minna	New York City	2005	13:01.10
	85 - 89	Roe, Bernyce	Ridge	2002	15:21.40
	90 - 94	Manginelli, Rose	Selden	2010	16:37.35
<u>1500 Meter Race Walk</u>	50 - 54	Kremler, Kevin	Hicksville	2002	10:17.70
Technical:	55 - 59	Kaminsky, Seth	Cold Spring Harbor	2000	7:07.75
Men:	60 - 64	McGrath, James	Medford	1999	7:59.10
	65 - 69	Sullivan, Frank	Lake Hopatcong, NJ	2000	9:54.82
	70 - 74	Lanfair, Joseph	North Babylon	2009	10:01.09
	75 - 79	Spillman, Robert	Floral Park	2008	10:54.00
	80 - 84	Manhardt, Frank	Brightwaters	2008	11:21.00
	85 - 89	Charles, Jay	New York City	2008	14:24.00
<u>1500 Meter Race Walk</u>	50 - 54	Kaminsky, Annette	Cold Spring Harbor	1999	10:26.20
Technical:	55 - 59	Dimitrov, Nadya	Smithtown	2007	10:19.00
Women:	60 - 64	Spatz, Marian	Forest Hills	1999	10:47.20
	65 - 69	Schwizer, Dolores	West Babylon	2001	13:27.22
	70 - 74	Rowland, Joan	New York City	1999	10:28.90
	75 - 79	Gillyean, Joan	Massapequa	2000	12:41.99
	80 - 84	Charles, Minna	New York City	2008	14:23.00
	85 - 89	Manginelli, Rose	Selden	2005	16:02.60
	90 - 94	Manginelli, Rose	Selden	2009	17:07.38
<u>5 K Run:</u>	50 - 54	Teran, Luis	Flushing	2000	21:30
Men:	55 - 59	Brazil, Denis	Hewlett	2002	20:03
	60 - 64	Badalament, Daniel	Glen Cove	2004	21:26
	65 - 69	Hippler, Frank	Port Jefferson Station	2001	22:03
	70 - 74	Jablon, Bert	Port Jefferson Station	2001	25:29
	75 - 79	Jablon, Bert	Port Jefferson Station	2002	27:06
	80 - 84	Young, Sidney	Bayside	2002	30:21
Women:	50 - 54	Wagner, Mary	Islip Terrace	2002	25:10
	55 - 59	Fabiano, Susan	Valley Stream	2004	27:02
	60 - 64	Griffin, Faith	Port Washington	2001	25:55
	65 - 69	Cataldo, Patricia	Valley Stream	2004	25:53
	70 - 74	Munro, Margaret	Valley Stream	2001	31:34
	75 - 79	Munro, Margaret	Valley Stream	2003	33:38
	80 - 84	Charles, Minna	New York City	2005	47:42
	85 - 89	Manginelli, Rose	Selden	2005	59:07
<u>5K Walk:</u>	50 - 54	Kremler, Kevin	Hicksville	2002	37:03.0
Men:	55 - 59	Campbell, Robert	Merrick	2003	32:45.0
	60 - 64	Kaminsky, Seth	Cold Spring Harbor	2003	32:36.0
	65 - 69	McCabe, James	Glen Cove	2003	37:51.0
	70 - 74	Lanfair, Joseph	North Babylon	2010	34:55.1
	75 - 79	Shilling, John	Douglaston	2011	40:46.1
	80 - 84	Caruso, Rocky	Huntington Station	2005	42:12.0
	85 - 89	Caruso, Rocky	Huntington Station	2007	43:50.0
	90 - 94	Caruso, Rocky	Huntington Station	2011	46:11.4
Women:	50 - 54	Harvey, Maryann	Farmingdale	2010	35:37.8
	55 - 59	Mardis, Cynthia	Harrison	2005	34:15.0
	60 - 64	Kraft, Christine	Woodhaven	2006	40:05.0
	65 - 69	Pescow, Anita	Great Neck	2006	41:42.0
	70 - 74	Pescow, Anita	Great Neck	2007	41:39.0
	80 - 84	Canaris, Elizabeth	Mattituck	2008	44:24.0
	85 - 89	Dimitrov, Nora	Smithtown	2010	54:03.2
	90 - 94	Manginelli, Rose	Selden	2010	58:48.3
<u>5000 Meter Run:</u>	55 - 59	Broere, Harry	Northport	2012	21:55
Men:	65 - 69	Bockstein, Richard	Wantagh	2012	32:25
Women:	50 - 54	Fox, Vicki	Huntington	2012	23:10
	80 - 84	Belden, Helen	Jamaica	2012	33:37

TRACK & FIELD (CONTINUED)

<u>5000 Meter Walk:</u>	65 – 69	Graff, Dennis	Selden	2012	45:02
Men:	70 – 74	Shilling, George	Franklin Square	2012	41:11
	75 – 79	Lanfair, Joseph	North Babylon	2012	36:39
	80 – 84	Vannucci, Peter	Northport	2012	53:44
<u>Discus:</u>	50 - 54	Kessell, Joe	Levittown	2008	126'4.5"
Men:	55 - 59	Hiney, Bill	Southold	2003	141'2"
	60 - 64	Hiney, Bill	Southold	2005	155'2.25"
	65 - 69	Schwarze, Harry	Waterloo	2006	119'11"
	70 - 74	Barker, Pete (William)	Greenwich, CT	2007	102'7"
	75 - 79	Barker, Pete (William)	Greenwich, CT	2008	96'3"
	80 - 84	Webber, Rich	Ridge	2010	72'11"
	85 - 89	Scorcia, Joseph	Howard Beach	2008	45'1.5"
Women:	50 - 54	Van Valkenburg, Linda	Bronx	2000	74'6"
	55 - 59	Cirina, Kathleen	Sea Cliff	2003	80'4"
	60 - 64	Bahr, Joyce	Lake Grove	2003	65'7"
	65 - 69	Cirulnick, Anne	North Babylon	2001	57'2.5"
	70 - 74	Faber, Curlie	Northport	2004	51'3"
	75 - 79	Gioia, Rosalia	Albertson	2011	46'5.5"
	80 - 84	Gioia, Rosalia	Albertson	2012	34'9"
<u>Hammer Throw:</u>	50 - 54	Sandas, George	Garden City	2006	143'10"
Men:	55 - 59	Sandas, George	Garden City	2009	126'1"
	60 - 64	Connor, William	Patchogue	2012	91'9"
	65 - 69	Barker, Pete (William)	Greenwich, CT	2002	95'4"
	70 - 74	Joyce, Edmund	East Northport	2007	105'3"
	75 - 79	Joyce, Edmund	East Northport	2012	89'0"
	80 - 84	Webber, Rich	Ridge	2010	64'9"
Women:	50 - 54	McCuen, Barbara	Lake Grove	2003	77'9"
	55 - 59	Cirina, Kathleen	Sea Cliff	2003	76'1"
	60 - 64	Cirulnick, Anne	North Babylon	1999	75'4"
	65 - 69	Cirulnick, Anne	North Babylon	2001	76'2"
	70 - 74	Roman, Mary	Norwalk, CT	2008	73'4"
	75 - 79	Faber, Curlie	Northport	2011	56'1"
<u>High Jump:</u>	50 – 54	Harris, Eddie	Jersey City, NJ	2000	5'0"
Men:	55 – 59	Harris, Eddie	Jersey City, NJ	2001	4'10"
	60 – 64	Gansle, Paul	Albany	2006	4'6.5"
	65 – 69	Gansle, Paul	Albany	2009	4'7"
	70 – 74	Savage, Richard	Smithtown	2006	4'3"
	75 – 79	Savage, Richard	Farmingville	2010	3'10"
	80 – 84	Maxwell, Ralph	Richville, MN	2002	3'9"
Women:	50 – 54	Senn-Griffiths, Caryl	Massapequa	2012	4'5"
	55 – 59	Clark, Skipper	Brooklyn	2006	4'0"
	60 – 64	Balthazar, Kathleen	Climax	2002	3'5"
	65 – 69	Scott, Eleanor	Smithtown	1999	3'0"
	70 – 74	Scott, Eleanor	Smithtown	2001	3'0"
	75 – 79	Gioia, Rosalia	Albertson	2007	2'9"
	80 – 84	Gioia, Rosalia	Albertson	2012	2'6"
<u>80 Meter Hurdles:</u>	65 – 69	Savage Richard	Smithtown	1999	13.00
Men:	70 – 74	Savage, Richard	Smithtown	2004	18.10
Women:	50 – 54	Trotto, Mary	Smithtown	2001	27.90
	55 – 59	Clark, Skipper	Brooklyn	2006	19.50
<u>100 Meter Hurdles:</u>	50 – 54	Black, Ivan	New York City	2000	17.03
Men:	55 – 59	Milove, Michael	Mahopac	2000	16.20
	60 – 64	Royall, William	Purchase	2004	34.90
<u>Javelin:</u>	50 - 54	Hudson, Richard	Sherman, CT	2001	136'0"
Men:	55 - 59	Viola, Patrick	Commack	2008	126'7"
	60 - 64	Illuzzi, Frank	Ramsey, NJ	2000	139'2"
	65 - 69	Illuzzi, Frank	Ramsey, NJ	2003	132'7"
	70 - 74	Kearney, Arthur	Syosset	2002	104'0"
	75 - 79	Kearney, Arthur	Syosset	2007	85'11"
	80 - 84	Webber, Rich	Ridge	2010	75'7.5"
	85 - 89	Choy, Jimmy	Brooklyn	2006	34'4"

TRACK & FIELD (CONTINUED)

<u>Javelin:</u>	50 - 54	Senn-Griffiths, Caryl	Massapequa	2012	101'8"
<u>Women:</u>	55 - 59	Clark, Skipper	Brooklyn	2005	81'9"
	60 - 64	Flynn, Ann	Westport, CT	2001	63'4"
	65 - 69	Faber, Curlie	Northport	1999	56'1"
	70 - 74	Faber, Curlie	Northport	2004	45'3"
	75 - 79	Gioia, Rosalia	Albertson	2008	39'4"
	80 - 84	Gioia, Rosalia	Albertson	2012	28'5"
<u>Long Jump:</u>	50 - 54	Lapp, Rick	Coram	2000	17'3.5"
<u>Men:</u>	55 - 59	Milove, Michael	Mahopac	2000	16'5"
	60 - 64	Johnson, Ron	Jamaica	2006	15'5"
	65 - 69	Lebowitz, Raymond	Coconut Creek, FL	2005	13' 9"
	70 - 74	Heckert, Al	Hampton Bays	2006	11'0"
	75 - 79	Jones, Robert	Remsenburg	1999	10'10"
	80 - 84	Webber, Rich	Ridge	2010	8'1"
	85 - 89	Silverstein, Milton	Fredericksburg, VA	2005	9'4"
<u>Women:</u>	50 - 54	Keeling, Shelley	Riverdale	2002	9'6"
	55 - 59	Clark, Skipper	Brooklyn	2006	12'4"
	60 - 64	Kenney, Toni	East Moriches	2001	11'2"
	65 - 69	Gioia, Rosalia	Albertson	2000	8'5"
	70 - 74	Gioia, Rosalia	Albertson	2004	8'4.5"
	75 - 79	Gioia, Rosalia	Albertson	2010	6'4"
	80 - 84	Gioia, Rosalia	Albertson	2012	5'8"
<u>Shot Put:</u>	50 - 54	Johnson, Karl	Mt. Sinai	2002	49'4"
<u>Men:</u>	55 - 59	Hiney, Bill	Southold	2003	41'9"
	60 - 64	Hiney, Bill	Southold	2005	41'5.5"
	65 - 69	Kauffmann, August	Forest Hills	2007	36'8"
	70 - 74	Barker, Pete (William)	Greenwich, CT	2003	36'11"
	75 - 79	Vinciguerra, Edward	Howard Beach	2009	31'5.5"
	80 - 84	Sloan, Nate	Somers	2009	32'3.5"
	85 - 89	Scorcia, Joseph	Howard Beach	2008	23'5"
<u>Women:</u>	50 - 54	Senn-Griffiths, Caryl	Massapequa	2012	33'9.5"
	55 - 59	Clark, Skipper	Brooklyn	2004	27'9"
		Van Valkenburg, Linda	Bronx	2002	27'9"
	60 - 64	Truhlar, Vera	East Islip	2001	27'3"
	65 - 69	Truhlar, Vera	East Islip	2007	26'4"
	70 - 74	Roman, Mary	Norwalk, CT	2006	25'11.5"
	75 - 79	Gioia, Rosalia	Albertson	2011	20'10"
	80 - 84	Gioia, Rosalia	Albertson	2012	17'4.25"
<u>Triple Jump:</u>	50 - 54	Lapp, Rick	Coram	2000	33'10.5"
<u>Men:</u>	55 - 59	Milove, Michael	Mahopac	2002	34'0"
	60 - 64	Certain, Noel	Dix Hills	2001	30'4"
	65 - 69	Lebowitz, Raymond	Coconut Creek, FL	2006	28'10"
	70 - 74	Heckert, Al	Hampton Bays	2007	21'9"
	75 - 79	Toner, John	Commack	2008	18'8"
	80 - 84	Maxwell, Ralph	Richville, MN	2002	20'10.5"
	85 - 89	Silverstein, Milton	Fredericksburg, VA	2005	16'5"
<u>Women:</u>	50 - 54	Westing, Teresa	Bellmore	2003	19'1"
	55 - 59	Cirina, Kathleen	Sea Cliff	2003	22'9"
	60 - 64	Trotto, Mary	Smithtown	2010	18'3"
	65 - 69	Scott, Eleanor	Smithtown	2000	15'11"
	70 - 74	Gioia, Rosalia	Albertson	2002	18'2.75"
	75 - 79	Gioia, Rosalia	Albertson	2011	14'3"
	80 - 84	Gioia, Rosalia	Albertson	2012	13'1"

TRIATHLON

Men:	50 – 54	Grunberg, Ariel	East Rockaway	2005	17.70
	55 – 59	Grunberg, Ariel	East Rockaway	2009	11.28
	60 – 64	Thornton, Jim	Garden City	2010	9.11
	65 – 69	Hawkins, Robert	Stony Brook	2005	14.70
	70 – 74	Floto, John	Smithtown	2005	11.90
	75 – 79	Sangesland, Odd	Plainview	2005	16.10
Women:	80 – 84	Sangesland, Odd	Plainview	2010	8.84
	50 – 54	Wagner, Mary	Islip Terrace	2002	7.19
	55 – 59	Henderson, Janis	Mt. Sinai	2005	10.71
	60 – 64	Trotto, Mary	Smithtown	2009	9.81
	65 – 69	Dorn, Marilee	East Northport	2011	9.56
	70 – 74	Beldin, Helen	Jamaica	2006	8.58
	75 – 79	Beldin, Helen	Jamaica	2010	8.46
	80 – 84	Esposito, Hedy	Levittown	2011	6.85
	85 – 89	Box, Gertrude	Seaford	2007	4.245